

PRESENTATION PLANS FOR EMPOWER ME MENTORSHIP PROGRAM

Topic: Empower Me Mentorship Program

Date: 2nd Feb 2024

Group Name: CWPFG

Venue: School Compound

Number Of Participants: 30

Total Time: 2 hrs 40 min

SESSION: DURATION:

1: Goal setting. 40 min

2: Our Dream. 60 min

3: Carrier plan. 60 min

Goal setting (40 min)

Each girl was given 40 min after introduction by mentor mother to set goals each girl wants to achieve during the year as their dream prospect.

During this session each participant was given the opportunity to ask simple questions such as why me? What change can I make in my life? What can we do together to make the society a better place for girls?

My dream (60 min)

Each participant to reflect the effects of poverty on their growth and given opportunity to state what kind of dream each girl has in life. How to make these dreams valid and to list what are the challenges towards their dreams and aspirations.

Carrier Development plan (60 min)

During this session each participant was given an opportunity to know who they want to be. Who are their role models? Link each career mentioned with the effort needed for each career aspiration.

Core messages for today's program

1: It requires an attitude change to change the status quo.

2: None was born unable but with the right attitude anybody can excel in life

3: Sky is the lower limit; all is possible with the right focus and attitude.